



The Coachable Life Company

live, love, laugh & lead like Jesus

Coaching Agreement

Coaching is an ongoing partnership between a coach and the client. We agree that:

1. Coaching is not therapy, counseling, advice-giving, mental health care, or treatment for substance abuse. The coach is not functioning as a licensed mental health professional.
2. Coaching is for people who are well-adjusted, emotionally healthy, functioning effectively, and want to improve their lives. Coaching is a comprehensive process involving different areas of a person's life. The client agrees that deciding how to handle these issues, incorporating coaching principles into their lives, and implementing choices are exclusively the client's responsibility. The client understands that to enhance the coaching relationship, the client agrees to communicate honestly, be open to feedback and assistance, and create the time and energy to participate fully in the program.
3. Coaching can involve brainstorming, values clarification, completing written assignments, education, goal setting, identifying plans of action, accountability, making requests, agreements to change behavior, examining lifestyles, and questioning.
4. The coaching agreement is valid monthly and may be terminated by the coach or the client at any time. The fee due per session is _____. Fees are collected when the appointment is established. If a third party needs is responsible, an invoice is sent at the end of the month. The calls/meetings shall generally be a session of 60 minutes. The client agrees that it is their responsibility to notify the coach 24 hours before the scheduled appointment if a cancellation is necessary. The coach will attempt in good faith to reschedule the missed meeting.
5. **Limited Liability.** Except expressly provided in this agreement, the coach makes no guarantees, representations, or warranties of any nature, expressed or implied, concerning the coaching services negotiated, agreed upon, and rendered. The coach shall not be liable to the client for indirect, consequential, or special damages. Notwithstanding any damages that the client may incur, the coach's entire liability under this agreement, and the client's exclusive remedy, shall be limited to the amount paid to the coach under this agreement for all coaching services rendered through and including the termination date.
6. **Confidentiality.** Coaching is a confidential relationship, and the coach agrees to keep all information strictly confidential except in those situations where such confidentiality would

violate the law. Confidential information does not include (a) information that the coach is required by statute, lawfully issued subpoena, or by court order to disclose; (b) is disclosed to the coach, and as a result of such disclosure, the coach reasonable believes there to be an imminent or likely risk of danger or harm to the client or others; and (c) involves illegal activity.

7. Coach disclosure. Coaching assumes that each person in the relationship is guided by their values and beliefs. As the coach, I am a committed follower of Jesus Christ and seek to live according to this commitment. I am honest in making this disclosure, but I am also committed to respecting my clients' differing values and beliefs. I do not seek to impose my values on my clients or proselytize, condemn, or refuse coaching services to people who do not share similar values and beliefs.

Each person whose signatures appear below agrees that this agreement represents our mutual understanding of the coaching relationship.

Signatures

Coach: _____

Client: _____

Date: _____

Date: _____

Printed Name: _____

Phone: _____

Email: _____

Address

The Coachable Life Company
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